



Community Resource Guide for Women and Girls

June 2006

Introduction

Dear Friends:

This Dallas-area Resource Guide was developed to be used by displaced Gulf Coast residents, nonprofit providers and the community at large. We hope that this report will serve as a guide for women and girls needing service in our community. This is not a comprehensive list.

Thank you to the agencies who contributed their information to this report. I also want to thank the generous funders of this project—the Dallas Women's Foundation Board Alumnae and an anonymous donor.

Becky R. Sykes
Executive Director
Dallas Women's Foundation

Dallas County Resources

Childcare – Dallas County

Boys and Girls Clubs of Greater Dallas

Contact Ron Sylvan VP of Development 214-821-2950 x 732
various locations
www.bgcdallas.org

Services Provided: After school programs for kids ages 6 to 18. Includes study hour, sports and special programs.

Hurricane Relief Programs: Scholarships available, and membership fees can be waived.
Misc.: Various programs including computer labs, college prep programs, leadership programs, and Smart Girls program. Programs separated by age.

Hours: M-F 3:30p-8:30pm; Sat 10am-2pm; Summer programs available.
Fees: \$10/school year per child; scholarships available for those who qualify.

Child Care Group

214-630-5949
8585 North Stemmons Freeway, Ste 500 South Dallas, TX 75247

www.childcaregroup.org

Hours: M-F 7am-5pm
Fees: Sliding scale based on income, and location.

Length of Service: As long as necessary, given that parent(s) continue to qualify.
Waiting List: Yes, length unspecified.

Misc.: May apply online or ask for application to be mailed to parent.
Transportation: Possibility of transport for children from school to childcare program.

Girls, Inc. of Metropolitan Dallas

214-654-4530
2040 Empire Central Dr
Dallas, TX 75235
www.girlsincdallas.org

Services Provided: After school care with age-appropriate programming, and summer program for girls ages 6-18.

Hours: School year: M-F 3pm-7pm. Summer: M-F 7:30am-6pm
Fees: \$10 member fee per year, and weekly fees based on affordability.

Head Start of Greater Dallas, Inc.

972-283-6400
3954 Gannon Lane
Dallas, TX 75237
www.hsgd.org

Services Provided: Head Start Program for children ages 3-4 from low-income families. Early Head Start is for pregnant mothers and children ages 6 weeks to 3 years. Also offer services for parents such as counseling and referrals for substance abuse, adult/family literacy program, assistance acquiring GED, computer and job training. Child care includes health and dental care.

Hurricane Relief Programs: Assisting families in need, with child care and community resources.

Waiting List: Yes, for Early Head Start. Call for details.

Hours: M-F 7am-5:30pm

Fees: No fees.

Special Needs: Services available for children with special needs. Includes testing, diagnosis and connections with other agencies for care and treatment.

Transportation: Will provide transportation to children's dental and doctor appointments.
Other Locations: 26 locations plus 9 affiliated agencies.

Jeffries Street Learning Center

214-426-1834
3001 Grand Ave.
Dallas, TX 75215
www.jeffriesstreet.org

Services Provided: After school tutoring , dance program and choir program, kid sisters mentoring program, and children's life skills workshop for children and adolescents. Literacy program, job preparation and employment assistance offered for adults.

Hours: M-F 9am-6pm **Fees:** No fees.

Mi Escuelita Preschools, Inc.

214-526-0220
4231 Maple Ave
Dallas, TX 75219
www.miescuelita.org

Services Provided: Preschool dedicated to teaching English to children ages 2-5 years. Curriculum includes pre-reading, math, science and nutrition, computer basics, social interaction and etiquette. Some locations are also Head Start Programs.

Hours: Office- M-F 9am-5pm; School hours depend on location and parents' needs (generally 7:30am- 5pm). **Fees:** \$6,800 per year. Scholarships, grants and fundraising are available.

Waiting List: Yes. **Other Locations:** 7 school locations in Dallas

Project Transformation

214-946-3600
547 E Jefferson
Dallas, TX 75203
www.ntcumc.org/ProjTran/

Services Provided: After school care and summer programs for kids entering grades 1 through 12.

Hours: School year: M-Th 3pm-6pm; Summer M-Th 9am-3pm. **Fees:** \$5 per child during school year, \$10 per child for summer program.

Transportation: Transportation is not provided for children form school to location. **Other Locations:** 5 locations for after school care in Oak Cliff, Irving and Pleasant Grove. Summer program extends to East Dallas and Sherman.

SER Child Development Center

214-637-8307
1525 W Mockingbird Ln
Dallas, TX 75235
www.serkids.org

Services Provided: Offers childcare and bilingual literacy and development for children ages 6 weeks to 5 years.

Hours: M-F 6:30am-6pm **Waiting List:** Yes. Length depends on age of child.

Fees: Fees are on a sliding scale based on income.

The Wilkinson Center

214-821-6381
Munger Place United Methodist Church -
Education Building
5200 Bryan St
Dallas, TX 75206
www.wilkinsoncenter.org

Services Provided: After school program (includes field trips, tutoring, health and nutrition education, and art/music lessons), food pantry, career development center, computer training course offered, and a resource for families' other needs.

Hours: Office: M-F 9am-4:45pm, Client services: M-Th 9a-3pm (food pantry also open first Sat of month 9am-11am)

Fees: No fees.

YMCA of Metropolitan Dallas

214-880-9622
601 N Akard St
Dallas, TX 75201

www.ymcadallas.org

Services Provided: A wide range of programs for the community including after school care, summer camps, sports and fitness facilities, older adult programs, and a youth emergency shelter.

Hurricane Relief Programs: Scholarships for reduced membership fees are available.

Fees: Various membership packages are offered, as well as scholarships.

Hours: Depending on location, open early morning to late night, and weekends.

Other Locations: 23 locations in the metroplex.

YWCA of Metropolitan Dallas

214-826-YWCA (9922)
4144 N Central Expwy, Ste 580
Dallas, TX 75204

www.ywcadallas.org

Services Provided: Childcare program and after school care for children ages 6 weeks to 12 years, women's health (mammograms, cervical exams), financial empowerment workshop, young parent program.

Other Locations: 5 locations in Dallas area.

Fees: Women's Health services free for those who qualify. After school care based on sliding scale, with scholarships available.

Health and Counseling/Mental Health – Dallas County

Agape Clinic - Grace United Methodist Church

214-824-2533
4105 Junius St
Dallas, TX 75246

www.agapeclinic.com

Services Provided: Clinic services include primary care, immunizations, social services (assistance with health care system and private insurance), and spiritual care for children and adults.

Hours: Thurs 7:30am-4pm; F 7:30am-12pm, Sat 8am-12pm

Fees: Sliding scale. Average clinic costs are \$45. Clinic costs include medication.

AIDS Arms, Inc

Main Office- 214-521-5191;
Health Center- 214-421-7848

Main Office- 219 Sunset Ave St 116-A
Dallas, TX 75208
Health Center- 1906 Peabody Ave
Dallas, TX 75215
www.aidsarms.org

Services Provided: Provides services for Adults (over 16yrs) with AIDS: testing, outpatient, counseling, case management (housing, food stamps), substance abuse assistance, support groups.

Hurricane Relief Programs: No new programs; services are available for persons lacking the usual required paperwork due to hurricane evacuation.

Waiting List: For intake medical services enrollment may take 1 week.

Length of Service: Indefinite

Special Needs: Spanish-speakers and other languages (French, Dubai) available if necessary.

Misc.: For Dallas County specifically. Works with other organizations to assist clients with transportation needs, etc (ex: free bus passes can be obtained).

Hurricane Staff: Call Health Center direct or call main office; Women, Youth and Family Team specialized case management.

Fees: Case management is free, sliding fees apply if income is above a specified level (well above poverty line), insurance accepted for medical care.

Transportation: Partners with AIDS Interfaith Network for transportation.

Other Locations:

Martin Luther King, Jr. Family Clinic
2922B Martin Luther King Jr. Blvd. Dallas, Texas 75215 Ph (214) 426-2686 Ext.110
Cathedral of Hope
5910 Cedar Springs Dallas, Texas 75235 Ph (214) 366-4500

AIDS Services of North Texas

Metro (903) 450-4018; Rockwall 800-974-2437

3506 Texas St
Greenville, TX 75401
www.aidsntx.org

Services Provided: Services provided for persons who are HIV positive including prescriptions, support groups, mental health counseling, case management, housing assistance, prevention/education, transportation, nutrition center, food bank, and more.

Hours: M-F 9am-5pm.
HIV/AIDS testing Thursdays 11am-4pm. Rockwall location is by appointment only.

Length of Service: Indefinite depending on service.

Special Needs: Spanish spoken, other language translators available upon request with advance arrangement.

Fees: No fees. Income cap. If privately insured, only care in the health clinic is not provided. Medicare and Medicaid accepted.

Waiting List: Short wait for long-term services; no wait for emergency services.

Other Locations: Also a Dallas County location in Rockwall, open by appointment only.

The Bridge Breast Center

214-821-3821 or
(toll free) 1-877-258-1396

3600 Gaston Ave, Ste 401
Dallas, TX 75246

www.bridgebreast.org

Services Provided: Links low income and uninsured individuals to diagnostic and treatment services for breast cancer. Services offered include: diagnostic and clinical evaluation (not screening), Biopsy, Surgery, Chemotherapy, Imaging, and Radiation Oncology.

Fees: No fees.

Child and Family Guidance Center

214-351-3490
8915 Harry Hines Blvd
Dallas, TX 75235
www.childrenandfamilies.org

Services Provided: Offer health services for children and adults. Services include outpatient, mental health, case management, individual, family and group therapy, and skills training for mentally disabled.

Hours: M-F 9am-5pm

Hurricane Staff: For specific questions, may call Daniel at extension 3926.

Special Needs: Case managers have contacts.
Transportation: Possibility of services coming to patient out in community, after initial visit and intake.

Fees: Sliding scale based on income. Accept private insurance. Will help with enrollment in NorthStar or other programs.

Citizens Development Center

214-637-2911
8800 Ambassador Row
Dallas, TX 75247
www.ccdallas.org

Services Provided: Provides job training, placement assistance, transportation, social activities and family support for men and women with disabilities. Services accessible by referral from Mental Health Mental Retardation (MHMR) 800-252-8154, Department of Assistive and Rehabilitative Services 800-6285115, or Department of Aging and Disability Services 800-458-9858. CDC works by referral from these agencies.

Waiting List: No.

Fees: Free to clients. Paid for by referral agency. Agency services are also free.

Community Dental Care

214-746-2785 x245
1420 West Mockingbird Ln
Dallas, TX 75247
www.dentalhealthprograms.org

Services Provided: Provides routine dental care for children up to 18 years from low-income families. Limited care also available for seniors over age 50 and for low-income adults.

Hurricane Relief

Programs: Accepting Louisiana Medicaid

Hours: M-F 8am-4:30pm

Fees: Accepts Medicaid, no fees for homeless helped at the Stew Pot or children affected by hurricane and enrolled in Head Start.

Misc.: There can be various qualifications depending upon location. Call for an assessment.

Other Locations: Nine locations in Dallas metroplex.

Early Childhood Intervention Program (ECI)

806-677-4900 or 800-250-2246
<http://www.dars.state.tx.us/ecis>

Services Provided: For families with children under 3 years old. Childhood is an important developmental stage that can be adversely affected when the family experiences disruptions in their life. Call to have an ECI Specialist come for an assessment of your child's development, free of charge.

Fees: No fees.

Friendship House Health Ministries

972-485-9292
Clinic: 451 W Ave D (Salvation Army Building)
Garland, TX 75040
www.fhbm.org

Services Provided: Health clinic for low-income children and adults who are residents of Garland. Provide medical screenings, primary health care, counseling, medication, and referrals to specialists and community services.

Hours: Family clinic: Thurs 4pm-8pm no appointment; Women's clinic Tues 8am-12pm by appointment only.

Fees: Sliding scale.

Misc.: Must live in Garland, and provide income information for all family members over age 18.

Galaxy Counseling Center

972-272-4429
1025 S Jupiter
Garland, TX 75042

www.galaxycounseling.org

Services Provided: Provide professional counseling for children, adolescents, and adults, as well as couples and families. Also provides educational programs, and anger management.

Hurricane Relief Programs: Hurricane evacuees are entitled to counseling free of charge for a limited time.

Hours: M-Th 9am-9pm, F 9am-5pm, Sat 9am-3pm

Special Needs: Spanish speaking counselors available.

Fees: Sliding scale with scholarships available. Also accepts Medicare, Medicaid, and some private insurance.

Length of Service: Indefinite.

Transportation: Located near the DART rail station at Jupiter and Forrest.

Genesis Women's Center

214-942-2998, Shelter Hotline: 214-946-HELP

www.genesisshelter.org

Services Provided: Provides individual and group counseling, child therapy, crisis intervention, school intervention, referrals and resources, shelter, transitional housing, child care for residents, thrift store.

Hours: M-F 9am-9pm, 24-hour shelter

Fees: No fees.

Length of Service: 6 week program at the shelter.

Transportation: Can provide 1 bus pass per day for shelter residents.

Greater Dallas Council on Alcohol and Drug Abuse

214-522-8600
4525 Lemmon Ave, Ste 300
Dallas, TX 75219

www.gdcada.org

Services Provided: Referral agency for persons seeking help with alcohol or drug abuse needs such as counseling and treatment.

Hours: M-F 8am-5pm

Los Barrios Unidos Community Clinic

214-571-6132
809 Singleton Blvd
Dallas, TX 75212

www.losbarriosunidos.org

Services Provided: Services include a primary care clinic, social services, family planning, nutrition counseling, WIC, HIV testing/counseling, substance abuse counseling, radiology, prenatal, dental services for children age 5-17, Immunizations, well-baby care, pharmacy, and optometry.

Hours: M-Th 7am-5pm, F 7am-4pm. To schedule an appointment call M-F 8am-11:30am, 1:30p-4pm.

Misc.: Walk-ins welcome, come early (7am). Need ID, proof of address and income documents for fee assessment.

Fees: Based on a sliding scale.

Transportation: Available for Medicaid patients.

Martin Luther King Jr Family Clinic

214-426-3645
2922-B MLK Jr Blvd
Dallas, TX 75215

Services Provided: Pediatrics, obstetrics and gynecology, internal medicine, immunizations, pharmacy, radiology, social services, family planning, WIC, HIV testing and counseling, dental, health education, nutrition counseling, and limited transportation assistance.

Hurricane Relief Programs: People with LA or FEMA Identification can be eligible for reduced fees for services.

Fees: Based on a sliding scale.

Waiting List: No.

Hours: M, T, Th, F 8am-5pm; W 11am-8pm

Transportation: Available for a limited area. Increasing services soon.

Mental Health Association of Greater Dallas

214-871-2420
624 North Good-Latimer Expressway,
Suite 200
Dallas, TX 75204
www.mhadallas.org

Services Provided: Resource helpline for referrals, assistance with NorthStar enrollment, and case management.

Hurricane Relief Programs: Mental Health Services Coordination Task Force to match Rita and Katrina evacuees with community resources.

Hurricane Staff: Katrina Mental Health Resource Line at 214-823-9634 or 1-866-454-2070. May need to leave a message. Or call 211.

Metrocrest Family Medical Clinic

972-484-8444
1 Medical Parkway #140
Farmers Branch, TX 75234

Services Provided: Treatment for minor acute medical problems (for example: upper respiratory, pink eye, and other simple illnesses). No x-ray, lab work or counseling.

Hurricane Relief Programs: Can be helped free of charge.

Fees: Persons displaced by hurricane can be helped free of charge.

Hours: T-Th after 6pm

Mission East Dallas

972-682-8917
2914 Oates Dr
Dallas, TX 75228

www.missioneastdallas.org

Services Provided: Health care for the uninsured and low-income. Services include urgent medical care, preventative care, diabetes education/management, basic dental care, access to affordable pharmaceuticals, community resource and referrals, wound care, and health care for undocumented residents.

Hours: Medical clinic: Tues evenings 4:30pm-9pm, Friday 8am-12pm by appointment. Dental is by appointment only. Office hours: M-F 8:30am-4:30pm

Fees: Request for donation \$10-25 depending on type of service.

Misc.: For dental services, must be a resident in specific zip codes. ID and income proof required.

Waiting List: No. First-come first-served basis for medical services.

New Beginning Center

main: 972-276-0423; crisis hotline: 972-276-0057

218 North Tenth St
Garland, TX 75040
www.newbeginningcenter.org

Services Provided: Intervention, education and counseling for victims of domestic violence. Also, a crisis hotline, emergency shelter with personal advocacy services, a resale shop, and suburban housing outreach program.

Hours: Crisis hotline is 24 hrs. **Fees:** No fees.

Special Needs: Counseling can be provided in Spanish. **Other Locations:** Mesquite residents can arrange an appointment at their home in Mesquite.

Planned Parenthood of North Texas

1-800-230-PLAN to schedule an appointment
www.ppnt.org

Services Provided: Pregnancy testing, birth control supplies, gynecological exams, emergency contraception, diagnosis and treatment of sexually transmitted infections, HIV testing, screening for high blood pressure and diabetes, and mammograms for income-eligible women.

Hours: Depends on location. **Fees:** Fees based on sliding scale.

Other Locations: 28 locations in North Texas.

Resource Center of Dallas, Inc

214-528-0144; HIV
Helpline 1-866-657-AIDS (2437)
2701 Reagan St
Dallas, TX 75219
www.resourcecenterdallas.org

Services Provided: Serve the gay, lesbian, bisexual, transgender (GLBT) communities of North Texas by providing: health, HIV, and case management for social services; education and advocacy; lectures and activities; a library; and support for GLBT individuals and organizations.

Hours: Depends on location **Transportation:** Transportation help only through case management for situations of domestic violence.

The Family Place

Crisis Hotline: 214-941-1991 General
Info: 214-559-2170

Thrift Store:
3464 Webb Chapel
Dallas, TX
www.familyplace.org

Services Provided: Crisis Hotline for victims of family violence, emergency shelter, Supportive Living program to assist women to build independent lives, child development center and children's counseling, Abuser's counseling, programs teaching teens about dating violence, thrift shop.

Hours: 24-hour hotline **Special Needs:** Bilingual staff available.

Suicide and Crisis Center

Crisis Counseling Hotline: 214-828-100. Office: 214-824-7023
2808 Swiss Ave
Dallas, TX 75204
www.sccenter.org

Services Provided: Crisis Hotline, and support group/debriefing for friends and family of those who contemplated suicide.

Hours: 24-hour hotline

**The Visiting Nurse
Association of Texas**

214-689-0000
1441 W Mockingbird Lon #500
Dallas, TX 75247

www.vnatexas.org

Services Provided: Elderly assistance programs to help keep elderly persons independent. Services include: Meals on Wheels, hospice services, long-term care (an alternative to institutional care for persons with chronic illness or disabilities), Alzheimer's assistance, Eldercare (assistance with errands, transportation and companionship), and wellness clinics (immunizations, blood pressure and cholesterol testing, and health info). Also assists with maternal and children's services.

Hours: M-F 8am-5pm

Fees: No fees for those who qualify for services.

**Women, Infants
and Children
(WIC)**

Dallas County: 214-670-7200 or 800-942-3678 for other locations and information.
www.fns.usda.gov/wic/

Services Provided: Food provision and nutrition education for women who are pregnant or whose infant is less than 1 year old, and for children up to 5 years old. Also offers immunization screening and referrals, breastfeeding information and support.

Hurricane Relief Programs: Persons relocated by hurricane may be exempt from income and residency requirements.

Fees: No charge for those who qualify.
Other Locations: 25 locations within Dallas county.

Housing – Dallas County

**Center for Housing
Resources**

214-828-4390
3103 Greenwood
Dallas, TX 75204
www.chrdallas.org

Services Provided: The Center owns low-rent apartment complexes, and provides minor home repair and roofing for low income, elderly, and disabled homeowners. Repair abilities include plumbing, floor, grab bars and rails related to health and safety.

Hours: M-F 8am-4pm

Fees: Apartments- \$200 Deposit, low rent

Dallas City Homes

214-943-9007
729 North Bishop Ave
Dallas, TX 75208

Services Provided: Helps low-income families acquire affordable housing to rent or own, provides technical assistance and joint venture project development to community groups, also a micro-lending program.

Hurricane Relief Programs: Apartment rate specials and community services assistance.

Hurricane Staff: Johnny Flowers at the Wynnewood Community Center
214-948-5153

Hours: M-F 9am-5pm

Fees: Low cost apartments, services and referrals for no cost.

Waiting List: No.

Dallas Habitat for Humanity

Office: 214-678-2300, Info: 214-827-4037
2800 N Hampton Rd
Dallas, TX 75212
www.dallas-habitat.org

Services Provided: Low income families can apply to own a habitat-built home. Must volunteer "sweat equity" work hours. Mortgage is interest-free. Call for other requirements. Also has a resource center with computers to assist in job searches, and provides homebuyer classes.

Hurricane Relief Programs: People from areas affected by Katrina who want to permanently reside in Dallas can apply. Also can help attain access to other services one may need.

Hurricane Staff: Antoinette Kelly
214-678-2379 M-Th 8a-5pm, Sat 8a-4pm
Hours: M-F 8a-5pm, Sat 8a-4pm

Family Gateway

214-741-6515
711 South St Paul St
Dallas, TX 75201
www.familygateway.org

Services Provided: Transitional program for homeless families (must have children). Provides meals, housing, daycare/schooling assistance, job counseling and employment assistance, self-improvement training, medical and legal aid.

Hours: M-F 8am-5pm

Fees: No fees.

Length of Service: 10 week program. Also long-term housing available for those who qualify.

Waiting List: No.

Misc.: Must have Texas ID (provide help to acquire one), birth certificate and social security card for children. Also need childrens' shot records and proof of homelessness.

Transportation: Bus passes offered, as well as school bus pick up for children.

Housing Crisis Center

214-828-4244
4210 Junius St
Dallas, TX 75246
www.hccdallas.org

Services Provided: Assists people with legal information and education, short-term and long-term transitional housing (including case management support services), support groups (including a Women Helping Women group), family programming (including separate child/adolescent and adult programming about drug prevention, parenting, life skills, etc.), emergency rental and relocation assistance, and disabled veterans housing and support services.

Hours: M-F 9am-5pm; Services offered after 5pm Mon and Wed, and on Sat 10am-12pm

Fees: No fees.

Misc.: Walk-ins accepted, or call to schedule an appointment.

Waiting List: Possible wait for short- or long-term housing.

Interfaith Housing Coalition

214-827-7220
5612 Ross Ave
Dallas, TX 75206
www.interfaithhousingcoalition.org

Services Provided: Assists with housing needs, includes programs for employment, budgeting and life skills. Also, children's program includes after school care, tutoring, and a full-day summer program. Teen program offered, as well as assistance with transportation and clothing needs. Psychological and pastoral counseling available to children and adults.

Hurricane Relief

Programs: The Angel Project provided assistance for practically any need. Must be a family (person with child in their custody).
Hours: M-F 9am-5pm

Hurricane Staff: Ask for David Estrada

Waiting List: No.

Fees: No fees.

Transportation: Transportation assistance for persons in job search program.

Our Friends Place 214-520-6268
2501 Oak Lawn Ave,
Ste 500
Dallas, TX 75219
www.ourfriendsplace.org

Services Provided: Home for girls aged 10-17 years who cannot live with parents. Transitional living program for girls aged 18-24 (without children) including educational or vocational assistance and housing.

Hours: M-F 8:30am-4:30pm

Legal Aid of Northwest Texas

Dallas County Residents: 214-744-5277. All others: 1-888-529-5277
1515 Main St
Dallas, TX 75201
www.lanwt.org

Services Provided: Provides legal services to persons who qualify. Services do not address criminal, personal injury, or traffic ticket cases.

Hurricane Relief Programs: Legal assistance relating to Hurricane Rita and Katrina.

Hurricane Staff: Call for additional locations 214-748-1234. At menu dial 3600 then choice 8.

Hours: M-F 9am-12p

Fees: No fees for those who qualify for assistance.

Misc.: Must meet income qualification level and have valid ID and proof of household income.

Other Locations: 5 locations in and around Dallas. Call 214-748-1234 for more specifics.

Financial/ Legal Assistance – Dallas County

Consumer Credit Counseling Services of North Central Texas, Inc. 903-455-4311
2304 Stonewall, 210
Greenville, TX 75069

www.cccsnct.org

Services Provided: A non-profit offering financial counseling to families and individuals regarding debt management, budgeting, and home buying counseling.

Hours: T, W 8am-5pm

Fees: Financial Counseling- \$35 for 90 days. Debt Management Program: one-time \$50 fee then low monthly fee. Most workshops are open to public at no charge.

Waiting List: No.

Misc.: Must make an appointment.

Other Locations: 9 locations in north central Texas

PLAN Fund

214-942-6698
2008 Didsbury Cir, Ste B
Dallas, TX 75224
www.planfund.org

Services Provided: Assisting entrepreneurs in starting or expanding their small business through business training, mentoring and networking, and a micro-credit lending program for members who complete the program.

Hours: Office: M-F 9am-6pm
Class times vary (see website or call for details).

Fees: Classes are free, but must purchase a \$10 booklet.

Misc.: Anyone may enroll in classes.

Waiting List: No.

Employment – Dallas County

Attitudes and Attire

214-630-1667
World Trade Center, Suite 181
Dallas, TX 75342

www.attitudesandattire.org

Services Provided: Offers a 9a-4pm one-day workshop (and follow-up workshop) for women seeking employment or advancement. Workshop includes self-esteem, interview/first impression do's and don'ts. Every woman also receives a complete business outfit and image consultation.

Hurricane Relief

Programs: Workshops for Hurricane evacuees also include topic of working through loss and renewing commitment to future possibilities.

Hours: M-F 8:30am-4:30pm

Fees: No fees.

Waiting List: No.

Misc.: Men welcome to attend workshops, however cannot be offered business attire.

Transportation: Located on DART TRE rail line and on bus line.

Dallas Christian Women's Job Corps, Inc

214-324-5665
5200 S Buckner Blvd
Dallas, TX 75227

www.dallaschristianwomensjobcorps.org

Services Provided: Faith-based 8 week training program with training, mentoring, and networking. Includes computer training, resume and job search assistance, English writing skills, bible study, and seminars on interpersonal relationship topics like anger management and communication.

Hours: M-Th 9 am-5pm

Fees: No fees.

Length of Service: 8 week program

Transportation: Can assist with transportation and childcare needs.

English Language Ministry

214-821-2502
629 N Peak St
Dallas, TX 75216

Services Provided: English as a Second Language (ESL) classes, and childcare for students' children under 3 years.

Hours: M-Th 9-11am

Fees: No fees. Request that students pay for books, approximately \$40 per year.

Length of Service: Depends on student's proficiency.

Waiting List: Now accepting students for Fall courses.

Misc.: Women residents of East Dallas take priority, otherwise program is open to any woman.

Special Needs: Courses applicable for native speakers of any language.

Work Source for Dallas County

Hurricane Hotline:
1-877-770-0151
Robert Brewster 972-365-5925
Angela Sessom 972-365-6883
Karen Cutthill 214-478-6781
www.worksource.org

Services Provided: 3 Reintegration Counselors in metroplex to counsel and connect persons affected by hurricanes with resources in the area to find jobs, child care, transportation, and other services.

Hurricane Relief Programs: They have contacts with a network of service providers in the area: housing, health care, transportation, childcare, furnishing, and more.

Hours: M-F 8am-5pm

Hurricane Staff: Three social workers and counselors working for people specifically affected by hurricanes. (*Robert Brewster*- Stemmons, Carrollton, Irving, Grand Prairie; *Angela Sessom*- Southern Dallas County, Duncanville, Desoto; *Karen Cutthill*- Richardson, Garland, Southeast Dallas, Mesquite)

Fees: No fees.

Waiting List: No.

Length of Service: Depends on service.

Senior Citizen Services – Dallas County

Dallas County Area Agency on Aging 214-871-5065 or
214-379-4636 or
2-1-1

Services Provided: Referrals for area services for families with members over 60 years old. Part of the Community Council of Greater Dallas, so referrals for other services are also available.

Hours: 2-1-1 phone referral service available all hours of every day.

Senior Source- Senior Citizens of Greater Dallas 214-823-5700
1215 Skiles St
Dallas, TX 75204

www.theseniorsource.org

Services Provided: Offers programs to assist elderly (Elder Support Program) with counseling, access to social service resources, money management assistance, access to free or reduced cost medications and employment opportunities. Also offers volunteer programming for elderly (for example, mentoring young children) and for younger community members to help elderly (for example, raising the quality of life in nursing homes), and programs to assist individuals in the unfamiliar position of caring for aging loved ones.

Hours: M-F 8am-5pm

Transportation: Connections to resources through Elder Support Program.

Fees: No fees.

General Services and Resources – Dallas County

Catholic Charities of Dallas, Brady Center 21-287-2794 or 214-826-8330 x105
for Katrina Relief Services
4009 Elm St
Dallas, TX 75226

www.catholiccharitiesdallas.org

Services Provided: A range of services for the community including elderly services, day care, partial rent assistance, food pantry, maternity/adoption services, parenting classes, adolescent substance abuse, adult health clinic (for uninsured Collin Co. residents), job readiness training and resale stores.

Hurricane Relief

Fees: No fees for those who qualify.

Programs: Case management services for Katrina evacuees.

Hours: M-F 8 m -5 pm.

May need to leave name and number regarding case management services.

Central Dallas Ministries

214-823-8710

409 N Haskell
Dallas, TX 75246

www.cdm-hope.org

Services Provided: Services available include a food pantry, medical and dental services, employment training, computer lab access, low-cost legal consultation, programs for foster youth aging-out of the system, and after school care.

Hours: M-F 9am-5pm

Fees: Most services are free.

Waiting List: For medical services, appointments may need to be booked a month in advance.

Misc.: Must have an ID.

**Community Council
of Greater Dallas**

2-1-1
1349 Empire Central, Ste 400
Dallas, TX 75247

www.ccgd.org

Services Provided: Referral resource for health and social service needs, among others.

Fees: No fees.

Dallas Area Interfaith

214-689-5988
1104 Lupo Dr
Dallas, TX 75207
www.dallasareainterfaith.com

Services Provided: A political action network to organize, educate and involve people. Now organizing specifically with people affected by Katrina.

Hurricane Relief Programs: Now advocating to extend housing program deadlines, information on absentee voting, keeping people informed and involved in the rebuilding of the Gulf Coast.

Hurricane Staff: Ask for Amy.
Hours: M-F 9am-5pm

**Girl Scouts of Tejas
Council**

800-442-2260
6001 Summerside Dr
Dallas, TX 75252
www.tejasgsc.org

Services Provided: Girl Scouts of America Council for Dallas, Anderson, Cherokee, Collin, Ellis, Gregg, Harrison, Henderson, Hunt, Kaufman, Marion, Navarro, Panola, Rains, Rockwall, Rusk, Smith, Upshur, Van Zandt, and Wood counties.

Hours: M-F 9am-5pm

**Goodwill
Industries of
Dallas, Inc.**

214-638-2800
3020 N Westmoreland Rd
Dallas, TX 75212

www.goodwilldallas.org

Services Provided: In addition to resale stores, Goodwill offers employment at Goodwill, programs for temporary job placement, vocational training, computer skills training, and free adult education and youth training (GED prep, and resume assistance).

Hurricane Relief Programs: Gift certificates available for Goodwill store merchandise; employment opportunities with Goodwill, Inc.
Hours: M-F 8am-4:45pm. Store hours vary.
Waiting List: No.

**Jewish Family
Services**

972-437-9950
5402 Arapaho
Dallas, TX 75248
www.jfsdallas.org

Services Provided: A variety of services including counseling, career/employment services, medical assistance and Kosher meals on wheels for the elderly, family violence intervention and counseling, emergency food and emergency financial assistance, workshops and seminars, and help with household services (light housekeeping, paperwork organization, and transportation).

Hurricane Relief Programs: Specialized social services and employment assistance.
Hurricane Staff: A team of social workers and employment experts.

Hours: M-W 8:30am-8:30pm, Th-F 8:30am-5pm
Fees: Fees assessed on an individual basis, on a sliding scale.

Transportation: Bus stop located in front of office. Also able to help with transportation to doctor appointments.
Waiting List: No.

Misc.: No religious requirement.

**Ladies of Charity
of Dallas, Inc**

214-821-5775
2710 Samuell Blvd
Dallas, TX 75223

Services Provided: Thrift Store, lunch and a change of clothing for those in need. Persons referred by a social worker may be eligible for services including help with bills, rent and groceries.

Hours: M-Sat 9:30am-3:30pm
Fees: No fees.

**Mosaic Family
Services, Inc.**

214-821-5393; 24-hour hotline:
214-823-4434
4144 North Central Expressway
Dallas, TX 75204

www.mosaicservices.org

Services Provided: Assisting persons in need, primarily recent immigrants. Case management assistance with social services and all needs of the client. Also available: family violence program, HIV programs, youth substance abuse program, social services and translation help.

Hours: M-F 8:45am-5:15pm; 24 hour hotline.
Fees: No fees.

Special Needs: Multilingual staff fluent in 21 languages.
Waiting List: No.

Potter's House

214-331-0954
6777 West Kiest Blvd
Dallas, TX 75236

www.thepottershouse.org

Services Provided: Church ministry offering services including GED/literacy program, AIDS outreach, male mentorship, and young lady debutante program, Fire House youth ministry program.

**Presbyterians
Children's Home**

Karen Billman - Child and Family
Specialist:
214-826-9551.
Or to refer a child, a family or make a
self-referral: 800-888-1904
3204 Skillman Street
Dallas, TX 75206

www.pchas.org

Services Provided: Child and Family Programs (for grandparents caring for grandchildren, families who need emotional support, families with "at-risk" children, and children in abusive family situations), and residential care for children with no place to turn.

Other Locations: Various locations all over Texas. Main office is located in Austin.

**Reading and
Radio
Resource**

214.871.7668
2007 Randall
Dallas, TX 75201

www.readingresource.org

Services Provided: Offers recorded books, and a radio station for children and adults who are either visually or physically disabled, or learning differenced. Listeners may choose from over 3,300 book titles listed in their catalog, or can request that materials be recorded. Recordings are currently provided on cassette or CD, which the

listener may keep. To request a recording of specific materials, please contact the Recorded Books Manager at 214-871-7668. No enrollment process is necessary.

Hours: M-F 9am-5pm
Misc.: No enrollment is necessary to access recorded books from the catalogue. To access the radio signal, one must be certified as print impaired by a physician or social worker and must submit an application to obtain a decoding device. Application can be found at: www.readingresource.org/RadioApp.doc Radio programming includes news, magazine articles, and books 24-hours/day.

Second Chance Retail Store 214-342-8231
9850 Walnut Hill Lane, Ste.405
Dallas, TX 75238

Services Provided: Resale store with clothing, furniture, and household accessories.

Hurricane Relief Programs: **Hours:** M-F 10am-6pm
Katrina evacuees may be eligible for clothing and shoes for no cost.

Society of St. Vincent de Paul, Council of Dallas 214-520-0623
10500 Steppington Dr
Dallas, TX 75230
www.katrinaaidtoday.org

Services Provided: Providing long-term, holistic recovery plans for persons displaced by hurricanes through case management.

Hours: M-F 9am-5pm

The Salvation Army 214-424-7000
www.salvationarmydallas.org

Services Provided: Homeless shelter, meals, substance abuse treatment, exercise and recreation, life-skills classes, bible study, domestic violence shelter, counseling, help in filing protective orders, parenting and job-skills classes, child mentoring/tutoring, after school care, infant/preschool care, music classes, summer day camp, computer training and literacy assistance, older adult day camp.

Hours: Depends on location. **Other Locations:** 14 locations in Collin, Denton, Dallas and Ellis counties.

Collin County Resources

Childcare – Collin County

Boys and Girls Clubs of Collin County

214-544-8924
various locations

www.bgccc.org

Services Provided: After school programs for kids ages 6 to 18 years old. Includes study hour, sports and special programs.

Hurricane Relief Programs: scholarships available, membership fees can be waived

Fees: \$25/school year per child, plus variable monthly transportation fee; scholarships available for those who qualify.

Hours: M-F 3pm-7pm

Transportation: Pick-up after school.

Misc.: Various programs including computer labs, college prep programs, and leadership programs.

Other Locations: McKinney, Plano, and Frisco

YMCA of Metropolitan Dallas

Main: 214-880-9622,
Frisco: 972-335-3222,
McKinney 972-529-2559,
Plano: 972-378-9622, or
214-705-9459
601 N Akard St
Dallas, TX 75201
www.ymcadallas.org

Services Provided: A wide range of programs for the community including after school care, summer camps, sports and fitness facilities, older adult programs, and a youth emergency shelter. Also new Collin County Adventure Camp for kids.

Hurricane Relief Programs: Scholarships for reduced membership fees are available.

Fees: Various membership packages are offered, as well as scholarships.

Hours: Depending on location, open early morning to late night, and weekends.

Other Locations: 23 locations in the metroplex. Frisco, McKinney and 2 Plano locations in Collin County.

Health and Counseling – Collin County

AIDS Services of North Texas

972-242-1480 or toll free 800-339-2437

1316 14th Street
Plano, TX 75074
www.aidsntx.org

Services Provided: Services provided for persons who are HIV positive including prescriptions, support groups, mental health counseling, case management, housing assistance, prevention/education, transportation, nutrition center, food bank, and more.

Hours: M-F 9am-5pm.
HIV/AIDS testing Thursdays 11am-4pm.

Fees: No fees. Income cap. If privately insured, only care in the health clinic is denied. Able to work with Medicare and Medicaid.

Special Needs: Spanish spoken, other language translators available upon request with advance arrangement

Waiting List: Short wait for long-term services; no wait for emergency services.

Length of Service: Indefinite depending on service

Avenues Counseling Center

972-562-9647

201 W Louisiana St
McKinney, TX 75069

www.avenuescounseling.org

Services Provided: Provides substance abuse counseling and help with mental health issues for children over 8 years, adolescents, and adults. Also, outpatient treatment, Anger Management Education, family counseling, and on-site drug testing.

Hours: M-Th 9am-8pm, F 9am-5pm, Sat by appointment only
Fees: Helps enroll clients with NorthStar, otherwise sliding scale for fees, no private insurance accepted.

Length of Service:

Depends on service

Transportation: Partners with C-Cart for transportation. 972-562-4275
Waiting List: Approximately 1 week wait for first assessment.

Community Dental Care

214-630-7080

225 McDonald
McKinney, TX 75069
www.dentalhealthprograms.org

Services Provided: Provides routine dental care for children up to age 18 years from low-income families. Limited care also available for seniors over age 50 and for low-income adults.

Hurricane Relief Programs: Accepting Louisiana Medicaid

Hours: McKinney: M, W 8am-4:30pm, Plano: T,Th, F 8am-4:30pm
Fees: Accepts Medicaid, no fees for homeless helped at the Stew Pot or children affected by hurricane in Head Start.

Misc.: There can be various qualifications depending upon location. Call to see if you qualify.
Other Locations: McKinney and Plano locations in Collin County.

Early Childhood Intervention Program

1-800-250-2246

<http://www.dars.state.tx.us/ecis/index.shtml>

Services Provided: For families with children under 3 years old. Childhood is an important developmental stage that can be adversely affected when the family experiences disruptions in their life. Call to have an ECI Specialist come for an assessment of your child's development, free of charge.

Fees: No fees.

Planned Parenthood

1-800-230-PLAN to schedule an appointment

www.ppnt.org

Services Provided: Pregnancy testing, birth control supplies, gynecological exams, emergency contraception, diagnosis and treatment of sexually transmitted infections, HIV testing, screening for high blood pressure and diabetes, and mammograms for income-eligible women.

Hours: Depends on location. **Fees:** Fees based on sliding scale.

Other Locations: 28 locations in North Texas.

Housing – Collin County

CITY House (Collin Intervention to Youth, Inc.)

972-423-7057

902 E 16th St
Plano, TX 75247

www.cityhouse.org

Services Provided: Emergency Shelter for youth ages 10 to 21 years. Also provides family counseling, parent education, suicide awareness and prevention courses.

Hours: 24-hour

Fees: No fees.

Length of Service: 30 day emergency shelter + 18 day transitional services

Waiting List: No.

Special Needs: Spanish speakers.

Habitat for Humanity of North Collin County

Office: 972-542-5300, Info: 972-542-2371

701 S. Tennessee
McKinney, TX

www.ncc-habitat.org

Services Provided: Low income families can apply to own a habitat-built home. Must volunteer "sweat equity" work hours. Mortgage is interest-free. Must qualify by income and current living situation. Call for more details.

Misc.: Seminar for interested families wanting to apply must attend one of two yearly meetings. Next meeting: July 15, 2pm, McKinney Public Library. Call for more details.

Fees: No fees.

Waiting List: Possibility of wait list depending upon many factors.

Habitat for Humanity of South Collin County

972-398-0634

1100 Summit Ave, Ste 103
Plano, TX 75074

www.habitat-scc.org

Services Provided: Low income families can apply to own a habitat-built home. Must volunteer "sweat equity" work hours. Mortgage is interest-free. Must qualify by income and current living situation. Call for more details.

Misc.: Call for application details.

Waiting List: Possibility of wait list depending upon many factors.

The Samaritan Inn

972-542-5302

1710 N McDonald St
McKinney, TX 75069

www.thesamaritaninn.org

Services Provided: Emergency shelter, case management and transitional living support to help families regain their independence. Also has a thrift store.

Hours: Thrift Store: 103 E University Dr, McKinney, Tues-Sat 11a-3pm.

Length of Service: 30 to 45 days depending on person's needs, and success in meeting goals.

Financial / Legal Assistance – Collin County

Consumer Credit Counseling Services of North Central Texas, Inc.

McKinney: 972-542-0257, Plano: 972-881-2887, or 800-856 0257.

901 N. McDonald, Ste 600
McKinney, TX 75069

www.cccsnct.org

Services Provided: A non-profit offering financial counseling to families and individuals regarding debt management, budgeting, and home buying counseling.

Hours: M-Th 8am-5pm

Fees: Financial Counseling- \$35 for 90 days. Debt Management Program- one-time \$50 fee plus monthly fee. Most workshops are open to public for no charge.

Misc.: Must make an appointment.

Waiting List: No.

Other Locations: 9 locations in north central Texas. Collin County location is in Plano.

Legal Aid of Northwest Texas

972-542-9405 or 972-562-6001

114 W Louisiana
McKinney, TX 75069

www.lanwt.org

Services Provided: Provides legal services to persons who qualify. Services do not address criminal, personal injury, or traffic ticket cases.

Hurricane Relief Programs: Legal assistance relating to Hurricane Rita and Katrina.

Hurricane Staff: Call for other locations 214-748-1234. At menu dial 3600 then choose 8.

Hours: M-F 9am-12p

Fees: No fees for those who qualify for assistance.

Misc.: Must meet income qualification level and have valid ID and proof of household income.

Other Locations: 5 locations in and around Dallas. Call 214-748-1234 for more specifics.

Employment – Collin County

Goodwill Industries of Northeast Texas, Inc.

972-542-3721

2010 N Graves
McKinney, TX

www.goodwillnorthtexas.org

Services Provided: Retail store locations throughout northeast Texas. Job opportunities also available.

Hours: Office: M-F 7am-4pm; Stores: M-Sat 8:30am-8pm, Sun 1-5pm

Other Locations: 12 store locations throughout northeast Texas

North Central Texas Work Force of Plano

469-229-0099 ext 228

http://www.dfwjobs.com/job_seekers/hurricane.asp

Services Provided: Job search assistance, and workshops, fax and copy machines, and local labor market information.

Hurricane Staff: Elaine Dalton

North Central Texas Work Force - McKinney 972-542-3381 ext 202
http://www.dfwjobs.com/job_seekers/hurricane.asp

Services Provided: Job search assistance, and workshops, fax and copy machines, and local labor market information.

Hurricane Staff: Beverley Underwood

Plano Day Labor Center 972-422-6384
805 Ozark Dr
Plano, TX 75074

www.planoplanning.org/Neighborhood/Day_Labor_Center/Day_Labor_Center.htm

Services Provided: Center where employers can find workers for day labor. Workers are put on a list according to arrival time and skills offered. When employers arrive workers are called in order of the list. Employer's name, phone number and license and workers' names are taken for safety purposes.

Hours: M-F 6:30am-2:30pm, Sat 8am-12pm

General Services and Resources – Collin County

Assistance Center of Collin County 972-422-1850 or 800-725-4936

900 E. 18th Street
Plano, TX 75074

www.assistancecenter.org

Services Provided: Referral service with access to all kinds of programs, from adoption and child abuse to employment, health and transportation.

Fees: No fees for referrals. **Transportation:** Connections to transportation organizations as well.

Special Needs: Spanish bilingual staff.

Community Food Pantry 972-547-4404

307 Smith St
McKinney, TX 75069

Services Provided: Provides staple food supplies in emergency situations for anyone. Counseling is also available, as well as help applying for other services to address the reason for the emergency.

Hours: M-F 1pm-3pm, Sat 9am-11am **Fees:** No fees.

Length of Service: After the first visit, one may continue to receive food staples, or may qualify for more assistance. **Waiting List:** No.

**Plano ISD
Foundation-
Practical Parent
Education**

469-752-2270; or 800-687-2823

1300 19th St
Plano, TX 75074

www.practicalparent.org

Services Provided: Offers parenting classes (both on-going and one-time classes) on topics ranging from being a single parent, to teaching kindness and respect, to "the birds and the bees talk". Also, a Family Resource Center Library with over 3000 books, audio tapes and videos, and an adjacent playroom with glass windows for parents to browse while monitoring kids.

Hours: Class times vary.
Library hours: M-F 9am-4pm,
Tues 9am-8pm (during Plano
ISD school year); M-Th 9am-
4pm (during summer-- closed
July)

Fees: Classes are free of charge
unless specified. Library
membership: \$10/family per year,
\$15/family per year for toy
borrowing privileges.

The Salvation Army

Social Service Center: 214-424-
7000, Thrift Stores: 214-630-5611

www.salvationarmydallas.org

Services Provided: Homeless shelter, meals, substance abuse treatment, exercise and recreation, life-skills classes, bible study, domestic violence shelter, counseling, help in filing protective orders, parenting and job-skills classes, child mentoring/tutoring, after school care, infant/preschool care, music classes, summer day camp, computer training and literacy assistance, older adult day camp.

Hours: Depends on location.

Other Locations: 14 locations in Collin, Denton, Dallas and Ellis counties. Plano and McKinney locations in Collin County.

**The Turning Point
(Rape Crisis Center
of Collin County)**

Crisis Hotline: 972-985-0951

www.rcccc.org

Services Provided: Crisis hotline, and group and individual therapy for people who are victims of sexual assault, attempted assault, childhood sexual abuse, date rape, incest, marital rape, or sexual harassment, regardless of how long ago the incidence(s) occurred.

Fees: No fees.

Denton County Resources

Childcare – Denton County

Boys and Girls Clubs of Denton County (metro) 940-498-1288
 various locations
 www.bgcdentoncounty.org

Services Provided: After school programs for kids ages 6 to 18 years. Includes study hour, and various programs such as sports, technology, film and animation program, and art program, as well as other special programming.

Hurricane Relief Programs: Scholarships available, membership fees can be waived. **Fees:** \$10/school year per child; scholarships available for those who qualify.

Hours: M-F 3pm-7pm; Friday 7pm-12pm Party for ages 10 and up; Summer programs available. **Other Locations:** Locations serving Lake Dallas, and Denton residents.

Denton City/County Day School 940-382-6485
 1603 Paisley
 Denton, TX 76209

Services Provided: Child care for children from low or moderate income families, ages 2 to 5 years, who are toilet trained.

Hours: M-F 6:30am-5:30pm **Fees:** Sliding scale, \$55-\$83 per week. Pay weekly.

Misc.: Summer program offered for children ages 5 to 9. **Special Needs:** Bilingual Spanish caretakers available.

Fred Moore Day Nursery School 940-387-8214

821 Cross Timber St
 Denton, TX 76205

Services Provided: Day care for children ages 4 weeks to 5 years

Hours: M-F 6:30am to 6pm **Fees:** Sliding scale. Scholarships available. Accept CCS.

Waiting List: Yes, but hurricane evacuees have priority.

Health and Counseling/ Mental Health – Denton County

AIDS Services of North Texas

940-381-1501; or toll free 800-974-2437

4210 Mesa Dr
 Denton, TX 76207

www.aidsntx.org

Services Provided: Services provided for persons who are HIV positive including prescriptions, support groups, mental health counseling, case management, housing assistance, prevention/education, transportation, nutrition center, food bank, and more.

Hours: M-F 9am-5pm. HIV/AIDS testing Thursdays 11am-4pm. **Fees:** No fees. Income cap. If privately insured, only care in the health clinic is not provided.

Length of Service: Indefinite depending on service. Medicare and Medicaid accepted.

Special Needs: Spanish spoken, other language translators available upon request with advance arrangement.

Waiting List: Short wait for long-term services; no wait for emergency services.

The Arc of Denton County

972-436-8471 or 800-375-4520

Denton, Texas

www.arcofdentoncounty.org

Services Provided: For persons living with developmental disabilities living in Denton County. A lending library of assistive technology, socials and educational meetings for adults, support groups for parents of children with disabilities, and programs for siblings of children with disabilities.

Hours: M-F 8am-5pm

Other Locations: Group meetings, educational classes and social events held at various locations. See website or call for details.

Fees: No fees.

Denton County Health Department, K.A.R.E. Team

Health Department (metro)
940-349-2900

306 N Loop 288
Denton, TX 76209

www.dentoncounty.com/health

Services Provided: Mental Health services available free to Katrina-affected persons. Additional health services available to persons in Denton and surrounding counties. Services include immunizations, tuberculosis treatment, sexually transmitted disease treatment, HIV education, testing and counseling, dental services, child health clinic, prenatal clinic, WIC services.

Hurricane Relief Programs: KARE Program (Katrina Ambassadors Rebuilding and Empowering) offers free mental health care and referral service to help keep people out of major mental health institutions.

Length of Service: KARE: 10 to 12 sessions

Fees: KARE: No fees.

Misc.: KARE: Some case managers are from Katrina-affected regions.

Hurricane Staff: KARE: 940-349-2581; Crisis Hotline: 800-762-0157

Hours: KARE: M-F 8am-5pm

Other Locations: Also in Lewisville, and WIC services in Carrollton.

Transportation: Also, their website links to www.katrinahealth.org where doctors and pharmacists may be able to access patient's prescription information.

Denton County Mental Health Mental Retardation Center

Denton Outpatient: 940-381-5000,
Denton Clinic: 940-891-0970;
Lewisville Outpatient: 214-488-0121
2519 Scripture
Denton, TX 76201

www.dentonmhmr.org

Services Provided: Out-patient psychiatric, supported living, crisis support hotline, counseling, psychotherapy, vocational/employment services, child and adolescent services, service coordination and continuity of care.

Hours: Office- M-F 8am-5pm, clinic hours vary by location.

Misc.: Must call crisis line (may have to leave a message) to apply as a new intake client.

Fees: Based on a sliding scale. Medicare, Medicaid accepted. Private insurance NOT accepted.

Other Locations: Outpatient locations in Denton and Lewisville, Clinic location in Denton.

Interfaith Ministries

940-565-5479

109-A W. Sycamore
Denton, TX 76201
www.ifmdenton.org

Services Provided: Services include emergency medical help for adults, emergency shelter/rent assistance, emergency utility assistance, transportation and child care assistance, help in obtaining identification, eyeglasses for children and adults, medication, budget counseling, winter coat roundup, and employment assistance (transportation and clothing needs).

Hours: M and F 9am-11:45pm, 1pm-2:45pm; T-Th 9am-11:45am

Length of Service: Depends on service.

Misc.: There are specific qualifications for each service. Call for eligibility.

Fees: No fees.

Waiting List: No.

Transportation: Assistance with transportation is a component of the program.

PediPlace

972-436-7962
502 S Old Orchard Ln, Ste 126
Lewisville, TX 75067
www.pediplace.org

Services Provided: Well-child check-up, immunizations, hearing/vision screening, treatment for acute illnesses, treatment/management for chronic illnesses, referrals and more.

Hours: Walk-ins welcome Mon 2pm-5pm and Tues 9am-12pm. By appointment M-W 8am-8pm, Th 8am-7pm, F 8am-4pm, Sat 9am-12pm.
Fees: \$30 for patients without Medicaid. No one will be turned away due to inability to pay.

Planned Parenthood

1-800-230-PLAN to schedule an appointment
www.ppnt.org

Services Provided: Pregnancy testing, birth control supplies, gynecological exams, emergency contraception, diagnosis and treatment of sexually transmitted infections, HIV testing, screening for high blood pressure and diabetes, and mammograms for income-eligible women.

Hours: Depends on location.

Fees: Fees based on sliding scale.
Other Locations: 28 locations in North Texas.

Women to Women Childcare Pregnancy Resources

940-383-4494
400 N Loop 288 Ste B
Denton, TX 76209

www.pregnancycenters.org

Services Provided: Abortion information, ultrasound, material aid, adoption support, post abortion, parenting support, and mentoring.

Hours: M-W 10am-4pm, Th 10am-7pm, F 10am-2pm
Fees: Depends on service.
Other Locations: 14 locations in metroplex. Check website for location details.

Housing – Denton County

Habitat for Humanity of Denton

940-484-5006
1721 N Carroll Blvd
Denton, TX 76201

www.hfhdentoncounty.org

Services Provided: Low income families can apply to own a habitat-built home. Must volunteer "sweat equity" work hours. Mortgage is interest-free. Call for other requirements.

Waiting List: Possibility of wait depending on many factors.

HOPE, Inc.

940-382-0609

Denton, TX

Services Provided: Using a case-management style program HOPE, Inc. assists persons through an emergency shelter with social services, and a Transitional Housing program for families striving for self-sufficiency. Other services include job/education, childcare, rent, and budgeting.

Hours: M-F 9am-5pm (closed 12p-1pm) **Length of Service:** Depends on service.

Legal Aid of Northwest Texas

800-955-1407 or 940-383-1406, or Katrina Evacuees call:

625 Dallas Dr, Ste 350
Denton, TX 76205www.lanwt.org

Services Provided: Provides legal services to persons who qualify. Services do not address criminal, personal injury, or traffic ticket cases.

Hurricane Relief Programs: Legal assistance relating to Hurricane Rita and Katrina.

Hours: M-F 9am-12p**Hurricane Staff:** Ellena Simmons: 800-955-3959**Fees:** No fees for those who qualify for assistance.

Misc.: Must meet income qualification level and have valid ID and proof of household income.

Other Locations: 5 locations in and around Dallas. Call 214-748-1234 for specifics.**Error! Bookmark not defined. Financial/Legal Assistance – Denton County****Consumer Credit Counseling Services of North Central Texas, Inc.**

Denton: 940-382-0331, Lewisville: 972-221-6798

207 W Hickory, Ste 202
Denton, TX 76201www.cccsnct.org

Services Provided: A non-profit offering financial counseling to families and individuals regarding debt management, budget balancing, and house buying counseling.

Hours: M-Th 8am-5pm **Fees:** Financial Counseling- \$35 for 90 days. Debt Management Program- one-time \$50 fee plus monthly fee. Most workshops are open to public for no charge.

Misc.: Must make an appointment. **Other Locations:** 9 locations in north central Texas.

Waiting List: No.**Employment – Denton County****North Central Texas Work Force - Denton**

940-382-6712 ext. 4352

Denton, TX

http://www.dfwjobs.com/job_seekers/hurricane.asp

Services Provided: Job search assistance, and workshops; fax and copy machines; and local labor market information.

Hurricane Staff: Cuthbert Walden

Adult / Senior Citizen Services – Denton County

Adult Day Care of North Texas

940-383-8371

2109 W University Dr
Denton, TX 76201

www.daystay.org

Services Provided: Offers daytime health care and social services for Denton County adults who are chronically ill or impaired.

Hours: M-F 7:30am-5:30pm

Fees: Pay weekly if privately funded, otherwise Medicaid pays all.

Length of Service:
Indefinite

Special Needs: Spanish spoken, handicap facilities.

Waiting List: No.

Lewisville Senior Activity Center

972-219-5050

1950A South Valley Parkway
Lewisville, TX

www.cityoflewisville.com Check the "Senior Citizen Connection Newsletter" for more information.

Services Provided: Offers a variety of special events, classes, activities, trips and services such as Dial-A-Ride for pick-up and drop-off transportation, and lunch daily at 11:45am.

Hours: M,W,F
8am-5pm; T,Th
8am-9pm

Fees: No fee to join. Lunch- \$1.50 over 65 yrs, \$3.50 under 65 yrs. Classes and activities range from free to \$25.

Misc.: Must call in advance for lunch or for Dial-A-Ride.

Transportation: Dial-A-Ride offered M-F 7a-10pm, Weekends 9a-3pm. Call 972-234-0077 M-F 8a-4pm to schedule a ride.

Services Program for Aging Needs

(940) 382-2224 or metro (940) 243-8620

1800 Malone
Denton, TX 76201

<http://span-transit.org>

Services Provided: Home delivered meals for elderly persons who qualify, transportation for shopping, appointments, education and employment, and for Veterans to medical facilities. Also offer caregiver support groups. Help for seniors with shopping and errands, and a Lifeline Response System.

Special Needs: Vans equipped for wheelchairs.

Transportation: Transportation for anyone M-F 7a-6pm, at nominal rates: general public- \$2.50, persons with disabilities- \$1.75, persons over 60 years- \$1.25. Call metro 940-243-8556.

Other Locations: 6 Senior Centers that provide hot lunches and activities.

General Services and Resources – Denton County

Community Food Center, Inc.

940-382-0807
109 W. Sycamore
Denton, TX 76201

Services Provided: Provides staple food supplies in emergency situations (ex: lost job, illness, major care expense, just moved).

Hours: M-F 1pm-3pm

Fees: No fees

Length of Service: 4 times per year

Waiting List: No.

Misc.: Must come in person to apply. Must be a resident of Denton County

**Denton County
Friends of the
Family**

(metro) 972-219-2829, Crisis
Hotline 800-572-4031

1400 Crescent
Denton, TX 76201

www.dcfof.com

Services Provided: Emergency shelter, crisis hotline, thrift shop, counseling and child/adolescent programs for victims of domestic violence and sexual assault.

Hours: 24-hour crisis hotline, and emergency shelter. Office: M-F 9am-5pm.

Fees: No fees.

Length of Service: Short-term counseling and shelter.

Waiting List: Possibility of wait list for counseling and/or programming.

Other Locations: Also an outreach office in Lewisville.

**Girl Scouts Cross
Timbers Council**

800-22-GSCTC

4000 W University Dr
Denton, TX 76207

www.girlscoutsctc.com

Services Provided: Girl Scouts of America branch for Cook, Denton, Grayson, Montague and Wise counties.

Hours: M-Th 9am-5pm, F 8:30am-12:30pm

**The Salvation
Army**

214-424-7000

www.salvationarmydallas.org

Services Provided: Homeless shelter, meals, substance abuse treatment, exercise and recreation, life-skills classes, bible study, domestic violence shelter, counseling, help in filing protective orders, parenting and job-skills classes, child mentoring/tutoring, after school care, infant/preschool care, music classes, summer day camp, computer training and literacy assistance, older adult day camp.

Hours: Depends on location.

Other Locations: 14 locations in Collin, Denton, Dallas and Ellis counties.

The Dallas Women’s Foundation promotes women’s philanthropy and raises money to support community programs that help women and girls realize their full potential.



**Investing in the Dreams of Girls
and the Power of Women**

**4300 MacArthur Ave.
Suite 255
Dallas, Texas 75209
214-965-9977**

www.dallaswomensfoundation.org